



## THE GREATEST CHAMPION OF HER **GAME & OF THE LIFE BEYOND...**

" I've won 15 medals (gold), but I've lost more races than I've won. But I wouldn't have won the races I did without all the ones that I've lost."

Baroness Tanni Grey-Thompson is a British politician, television presenter, and a former Paralympic racer. One of Britain's greatest Paralympic athletes and the greatest British paralympian of all time, in over one and half decade of her incredible career and five Paralympic Games, Baroness Grey Thomson had not only broken 30 World Records - has also amassed a remarkable medal tally of 11 gold, 4 silver and a bronze and added to that 5 gold, 4 silver and 3 bronze medals at World Championships.

Tanni's story has become a milestone to every champion achiever around the world - who won over all odds, prove everybody wrong with sheer will power, mental strength and dogged reluctance to accept life as its has come. Tanni's father provided her with the biggest and greatest of support - not only as a father, but also as an architect, who was actively working during Tanni's growing years. He knew how inaccessible and hostile the world was back then no accessible toilets, education was segregated – he realized, if Tanni has to live with dignity - she needs to be fit and strong enough. And that's how her career in sports initiated. The rest - the story of making of a legend - is a living piece of history of glory and triumph. But behind this triumph, we often tend to miss the amount of dust-sweat-blood that goes into it. All the 15 medals in 5 Paralympic games that Tanni has won - it is only 19.5 minutes of her life - but it's 25 years of training behind to get that close.

Though she had left the professional track, her amazing versatility and





stamina had motivated her to continue to be involved in sport and physical activity. She is a Board Member of the London Marathon, the Sportsaid Foundation, the Duke of Edinburgh Awards and Join In. In addition to this she is also a Board Member of several organizations including Transport for London, the London Legacy Development Corporation and the London 2017 Organizing Committee. In 2005 she became 'Dame' Tanni Grey-Thompson for her services to sport. The transition from Sports to Politics seems quite effortless, as Tanni herself didn't find it much different at all. In March 2010, Tanni became an Independent Crossbench Peer in the House of Lords,



taking the title Baroness Grey-Thompson of Eaglescliffe in the County of Durham. As a working peer Tanni uses her experience and knowledge during debates in the House and she has spoken on a range of issues including Disability Rights, Welfare Reform, and of course, Sport. She is also involved in a number of All Party Parliamentary Group's - which includes Child Protection, Women's Sport and Fitness, Disability, Young Disabled People among others - and spends a lot of time in the chamber debating on issues including Disability Hate Crimes, Welfare Reform, Assisted Suicide, Accessibility and Equality.

Baroness Grey-Thompson is also a patron to the number of charities including Sportsleaders UK and the Duke of Edinburgh scheme. Baroness Grey-Thompson is passionate in providing coaching and support to the fellow wheelchair racers through the programme 'Aim High'.

She is also actively involved with Laureus - as Laureus Academy member - which is a global movement that celebrates the power of sport to bring people together as a force for good. Laureus Sport for Good -with its initial work focusing on helping young people overcome challenging social issues including poverty, homelessness, war, violence, drug abuse, discrimination and AIDS now supports more than 150 projects in 35 countries which have helped to improve the lives of millions of young children.

